



House of Dance

#11 V. Salumbides St., BF Homes, QC
931-6276 ; 952-6702 ; 0926-7174004

www.houseofdance.ph

Email: info@houseofdance.ph ; learning@smartbro.net

2008 PolyBelly Dance Classes - January / February / March 2008

Learn the Fusion Dance of POLYNESIAN & BELLY DANCING.

Instructions are ideal for Beginners & Intermediate.

12 ONE HOUR SESSIONS (12 hrs. Total) Tuition: Contact the HOUSE of DANCE for Package Fees

DATE: January 8, 15, 22, 29; February 5, 12, 19, 26 ; March 4, 11, 18, 25

DAY: TUESDAY

TIME: 5:00 PM to 6:00 PM



'HOW to TEACH POLYNESIAN DANCES'

January 2008 Workshop for Dance Instructors & P.E. Teachers



Learn to UNDERSTAND the DIFFERENT TYPES of POLYNESIAN Dancing.

Learn HOW to TEACH the BASIC Steps of TAHITIAN, HAWAIIAN, & MAORI POI BALL Dancing.

Learn WHAT TYPE of COSTUMES to WEAR for TAHITIAN, HAWAIIAN, & MAORI Dances.

Learn to DANCE a CHOREOGRAPHED TAHITIAN Dancing.

4 TWO HOUR SESSIONS (8 hrs. Total) Tuition: Contact the HOUSE of DANCE for Package Fees

DATE: January 8, 15, 22, 29

DAY: TUESDAY

TIME: 6:00 PM to 8:00 PM

2008 Tai Polyalsh for Adults (Rejuvenation Class) - February / March 2008

Learn the Practices & Techniques of the Ancients to Develop Body, Mind, & Spirit
to Such a Degree that One Can RETARD OLD AGE.

Learn HOW to Become AWARE of & Circulate the VITAL HEALING ENERGY that Lies Dormant
Within Each One of Us to HELP Reduce Stress, Heighten Ones Energy, and
Even Help Lose or Gain Weight.

Learn HOW to Become Mentally and Physically FLEXIBLE.

8 ONE HOUR SESSIONS (8 hrs. Total) Tuition: Contact the HOUSE of DANCE for Package Fees

DATE: February 5, 12, 19, 26 ; March 4, 11, 18, 25

DAY: TUESDAY

TIME: 6:00 PM to 7:00 PM



Instructor: Angelie Bliss aka "Anelalani" of Colorado USA,
a Professional Award Winning Polynesian Dancer & Entertainer,
Self-Help Book Author & the Creator of PolyBelly & Tai Polyalsh.

Awards:

1st Place Solo Hapa Haole - Open Division, 2nd Place Solo Kahiko - Open Division,

2nd Place Solo Auana - Open Division, 4th Place Solo Pacific Rim Dance - Open Division

during the **14th Festival Polynesia Pacific Rim 2003** in **British Columbia, Canada;**

3rd Place Solo Vahine Masters (35+) Division **2002 Tahiti Fete of Hilo, Hawaii USA;**

2nd Runner-up **1996 Ms. Hula Molokai, Hawaii USA.**