



POLYNESIAN DANCE (Hawaiian (Hula) , Tahitian (Ori), Maori Poi Balls Dance)

PolyBELLY DANCE (Fusion of Polynesian & BELLY Dancing)

KiDS/TEENS (Ages 3yrs.-19yrs.) & TEENS/ADULTS (Ages 13yrs.-Above w/ NO LiMiT)
ALL GENDERS are WELCOME.

FALL 2009 CLASSES Schedule & Fees:



PLACE:

DURANGO COMMUNITY RECREATION CENTER (Aerobics Studio)
2700 Main Avenue, Durango CO 81301 Call **970-375-7300** to Register

HULA - Learn the Hawaiian Dance Basic Movements. Learn How to Dance the Graceful Movements of the Hawaiian Islands (All Ages - Beginners/Intermediate)

MONDAYS - 1:00pm - 2:00pm - October 5, 12, 19, 26; November 2, 9, 16, 23, 30

Fees: \$40 per Month OR \$15/Hr Drop ins

WEDNESDAYS - 1:00pm - 2:00pm - October 7, 14, 21, 28; November 4, 11, 18, 25

Fees: \$40 per Month OR \$15/Hr Drop ins

ORI TAHITI -Learn the Basic Movements of Tahitian Dancing & Choreography.

This is an Island Type of Dance with a Lot of HIP SHAKING and Work-Out.

(All Ages - Beginners/Intermediate)

MONDAYS - 2:00pm - 3:00pm - October 5, 12, 19, 26; November 2, 9, 16, 23, 30;

December 7, 14, 21, 28

Fees: \$40 per Month OR \$15/Hr Drop ins

WEDNESDAYS - 2:00pm - 3:00pm - October 7, 14, 21, 28; November 4, 11, 18, 25;

December 2, 9, 16, 23, 30

Fees: \$40 per Month OR \$15/Hr Drop ins

PolyBELLY Dance - Fusion of Polynesian & Belly Dancing. Learn How Dance Angelie's PolyBELLY Dance with a House/Modern/Techno/Groove Music that's been performed with Sword Balancing, Veil(s), & Poi Balls Dancing. Learn How to become Flexible with your Mind & Body to Uplift Your Spirit. (All Ages - Beginners/Intermediate)

TUESDAYS - 7:30pm - 8:30pm - October 6, 13, 20, 27

Fees: \$40 per Month OR \$15/Hr Drop ins

TUESDAYS - 8:30pm - 9:30pm - November 3, 10, 17, 24; December 1, 8, 15, 22, 29

Fees: \$40 per Month OR \$15/Hr Drop ins

\$120 for 10 Visit PUNCH CARD - Good Only at the Durango Recreation Center

Instructor:

ANGELIE BLISS, a Professional Award Winning Polynesian Dancer, Performer, Choreographer & Creator of PolyBELLY Dance.

PLACE:

DANCE in the ROCKIES

1162 Dominquez Drive, Durango CO 81303

POLYNESIAN DANCE for TEENS/ADULTS (Beginners/Intermediate) - Learn the Basics & Choreography of Polynesian Dancing.

FRIDAYS - 6:00pm to 7:00pm - October 2, 9, 16, 23, 30;

November 6, 13, 20, 27; December 4, 11, 18

Fees: October \$50/Month; November \$40/Month; December \$30/Month OR \$15/Hr Drop ins

Call (808) 990-3503 or Email angelie@bliss.org to Register for this Class.

RECITAL: MONDAY, December 21, 2009
Durango Recreation Center, Durango, CO

